



Access to spa centre

■ One-day ticket 30 €

- 3 saunas
- Outdoor swimming pool with spring water at 34°C and hydrojets
- Indoor spring-water swimming pool
- Turkish bath
- Relaxation rooms
- Dressing-gown, bath towel and slippers provided
- Zen garde

■ Champagne evening 59 €

access to the spa centre for the evening
+ 3-course gastronomic set-menu dinner
+ Glass of champagne
Available from 4.30pm every day except Saturday

Advance reservation required
Swimming costume must be worn

Spring-water-based treatments

All our treatments use Chaudefontaine spring water, which is unique in Europe, perfectly balanced and containing significant quantities of minerals and oligo-elements, including calcium, magnesium and fluorine.

■ Hydrotherapy 35 €

■ Hydrojet 35 €

■ Rain-style water massage (using spring water) 45 €

A relaxing massage using shea butter under a fine spray of spring water

Facial treatments

■ "Spring-glow" treatment (45 min) 49 €

An anti-fatigue treatment which will refresh your skin and restore its glow while you discover the benefits of 4 types of tea

■ Balinese flower ritual® (45 min) 59 €

A beauty treatment used by Balinese princesses to softly cleanse the skin and restore a glow to the face.

■ New !

■ Classic treatment 75 € (soft, deep cleansing treatment)

To achieve a cleansed skin and a glowing complexion, five stages of the gentlest possible cleansing are used. The treatment is as deep as required for each individual, the massage is relaxing and the natural aromas tone and balance the skin.

■ Japanese ceremony 79 €

Using traditional Japanese massage instruments, this treatment firms and smooths over wrinkles while helping you achieve deep relaxation

■ New !

■ Aromatic rejuvenating treatment 79 €

An innovative anti-ageing and re-firming programme which leads to a visibly younger-looking, firmer skin and a redefined facial profile.

New ! Organic treatments



■ "Espresso" facial treatment for men 65 €

Damaged by daily shaving, the skin needs a treatment which not only calms and strengthens it, but which also stimulates and energises it. Developed exclusively for men, this organic treatment helps to reduce the signs of day-to-day stress and fatigue.

■ "Garden flowers and herbs" treatment 79 €

Garden scents will envelop you from organic cotton bags containing handfuls of rare and unbelievably effective garden herbs, which will re-balance and re-harmonise your skin and revive your spirits using rare and exclusive essential oils and scents.

To offer you the best, we are pleased to work with the following brands of professional cosmetics:

CNO MONDES
BIENÊTRE DU SPA



Ella Baché
Paris



THÈMAË
PARIS





Massages

- **Leg-toning and pressotherapy** 39 €
- **Zen massage (scalp, neck and face)** 40 €
- **Aqua-relax massage** 40 €
An oasis of relaxation, a beating wave of well-being
A mechanical massage using underwater, pressurised water jets which simply does you good.
- **Rain-style massage (using spring water)** 45 €
Relaxing massage using shea butter under a fine jet of spring water
- **Thai foot massage** 45 €
This massage of the reflex zones of the feet is an unforgettable experience which creates a sense of absolute relaxation and releases tension from the entire body.
- **“Thousand scents” beauty treatment for feet** 45 €
 - coconut scrub
 - shea butter mask
 - relaxing foot massage
- **“Thousand scents” beauty treatment for hands** 45 €
 - coconut scrub
 - shea butter mask
 - relaxing hand massage
- **Supreme back massage** 55 €
- **Relaxing body massage** 65 €

Body treatments

- **Nepalese tea scrub** 39 €
- **Atlas scrub** 39 €
(argan seeds, apricot, orange and mint)
- **Imperial coconut scrub** 39 €
(for sensitive skin)

New !

- **Spice market ritual** 69 €
Our new treatment with oriental scents, using the heat and spiciness of ginger and cinnamon essential oils to transport you in a few moments to the Orient.
 - Atlas scrub *(argan seeds, apricot, orange and mint)*
 - Rassoul body wrap with exotic scents
- **Bamboo massage treatment** 125 €
This treatment aims to conserve or rebuild your energy by draining, stretching, shaping and toning your muscles. Essential oils with green and refreshing notes are harmoniously blended to make them both relaxing and toning. An extraordinary, refined and personalised treatment which will re-energise you and free you from tension.

New ! Exclusive in Belgium !!

- **Water ball massage** 85 €
This manual massage combines deep movements in the tension zones (head, back, etc) with an astonishing massage using balls filled with warm water to remove stress and recover a sense of physical and mental well-being.
- **Singapore massage** 85 €
A massage which removes mental and physical fatigue, concentrating on the back, abdomen and feet, paying particular attention to each individual's tension points.
- **Body massage with hot stones** 85 €
This gentle body massage creates a profound sensation of well-being, a noticeable feeling of harmony and a remarkable sense of relaxation.
- **Ayurvedic massage** 85 €
A body and facial massage using thousand-year-old Indian techniques and hot oil, which tones the muscles and relaxes the tension points, leaving you feeling re-energised and revitalised.
- **Balinese massage** 85 €
A very relaxing body and facial massage using foaming balm made from tropical nuts according to a Balinese ritual which brings together gentle Thai-style stretching with traditional smoothing movements.

- Aromatic facial treatment
- Bamboo body massage
- Bamboo facial massage
- Aromatic ritual (compress and vapour)

- **Ocean memory treatment** 130 €

Let your senses discover the marvels of the ocean and be re-born in a burst of vitality. Re-energised and protected, your skin will be stronger and more resistant. An energising journey...

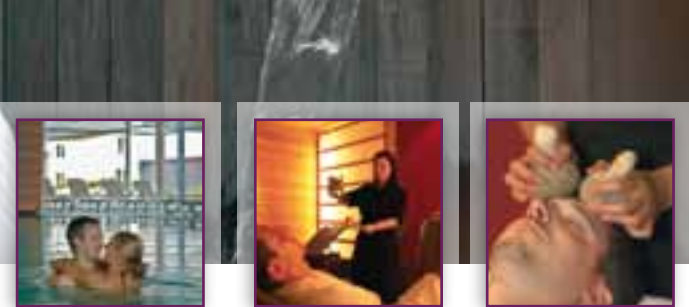
- Abyss body scrub
- Seaweed mousse body wrap
- Body massage with seaweed sachets

- **Turkish bath ritual** 145 €
(this ritual is available for two people children sharing a cabin)

Following Moroccan tradition, you will benefit from the gentle heat of our private Turkish bath and floral North African scents. This treatment purifies the body in complete serenity using age-old beauty recipes.

- Beldi black soap scrub using a kassa glove
- Rassoul purifying and softening body wrap
- Traditional oriental relaxing and calming massage using hot oil

Free access to the spa centre included in the Bamboo, Ocean memory and Turkish bath ritual treatments.
To help you achieve complete relaxation, you will receive the different parts of these treatments in a continuous series.



One-day treatment programs

■ "At a glance" program* 80 €

- one-day access to the spa centre
- back massage with hot stones
- hydrotherapy with essential oils

■ "Vitality" program* 90 €

- one-day access to the spa centre
- "spring glow" facial treatment
- aqua-relax massage

■ "Marine joy" program* 115 €

- one-day access to the spa centre
- hydrotherapy with essential oils
- marine jojoba-pearls scrub
- manual massage

■ "Anti-stress Duo" program

- one-day access to the spa centre
- hydrotherapy with essential oils
- "purity ritual" facial treatment
- manual massage

■ Mens' program* 125 €

- one-day access to the spa centre
- sandalwood-scented foot massage
- supreme back massage
- hydrojet

"Gourmet pleasure" program* 129 €

- one-day access to the spa centre
- Nepalese tea scrub
- rain-style massage with pineapple scent
- "thousand scents" beauty treatment for feet
- tea tasting

Well-being program* 129 €

- one-day access to the spa centre
- hydrotherapy
- relaxing body massage
- hydrojet

Suppleness program* 139 €

- one-day access to the spa centre
- hydrotherapy with essential oils
- sea-mud body wrap
- underwater relaxation
- manual massage

■ "Inner beauty" program* 150 €

- one-day access to the spa centre
- Atlas scrub (with argan seeds, apricot and orange)
- "grand classic" facial treatment
- hand beauty treatment
- manual massage

■ "Complicity" program* 155 € (for two people sharing one cabin)

- one-day access to the spa centre
- imperial coconut scrub
- nourishing treatment with tropical fruit extracts
- manual massage
- "spring glow" facial treatment

■ Mens' deluxe program* 165 €

- one-day access to the spa centre
- "espresso" facial treatment
- relaxing body massage
- aqua-relax massage

■ "Sensual Garden" program* (100% organic) 185 €

- one-day access to the spa centre
- hydrotherapy with aromatic herbs
- facial treatment with garden flowers and herbs
- "beauty herbal tea" tasting
- body massage with citrus aromas



■ "Oriental dream" program* 220 €/Pers.

- one-day access to the spa centre
- Turkish bath ritual in private cabin
 - black soap scrub
 - Rassoul cream body wrap
 - traditional oriental massage
- Balinese flower ritual facial treatment
- sandalwood-scented foot massage
- manual massage

■ "Excellence" program* 248 €

- One-day access to the spa centre
- hydrotherapy with essential oils
- Japanese ceremony
- papaya puree scrub
- body massage with oriental spice sachets
- shea butter body wrap
- aqua-relax massage

*we reserve the right to change the contents of these program

For mums-to-be



■ Mum-to-be massage 65 €

This massage for pregnant ladies offers them a moment of peace and serenity to share with their baby. It relieves tension in the lower back, neck and legs. A time of softness and relaxation.

■ "Cuddle Mummy" program 159 €

- one-day access to spa centre
- oofah earth scrub
- nourishing body wrap
- foot massage
- purity ritual facial treatment

All our programmes and residential treatments can include a buffet lunch for an extra € 20 per person. Our kitchen staff will prepare a selection of salads, a soup and a hot dish of the day, prepared with fresh market produce, as well as a dessert buffet that will delight gourmets.

Visit our online boutique at www.chateaudesthermes.be

General information

Our spa centre is a place for tranquillity and relaxation. You are kindly requested to respect the calm and privacy of all our guests.

■ Reservations

To enable us to welcome you in the best possible conditions, we kindly request you to book your treatments in advance by telephoning our reception on 04 367 8067. You will be asked for a credit card number or a gift voucher reference to confirm your booking. Should you wish to change or cancel your booking, we kindly request you to give us at least 48 hours' notice. Changes or cancellations made less than 48 hours' in advance cannot be accepted and the treatments booked will be charged for in full. All our prices include VAT and service.

■ Spa Centre

You are kindly requested to wear a swimming costume at all times in the spa centre to respect the privacy of all our guests.

■ Treatments

You are kindly requested to present yourself in the treatment area of the spa centre 10 minutes before the scheduled start of your treatment. We regret that treatment times cannot be extended for guests who arrive late, nor can refunds be given for missed time. You are kindly requested to inform the treatment staff of any health problem, allergy or injury which could hinder your treatment. We regret that children under 12 years old are not allowed in the spa centre.

■ Mobile Phones and Other Restrictions

Guests are not allowed to use mobile phones, nor to smoke anywhere in the spa centre. The Château des Thermes cannot be held responsible for any guest's property that is lost or damaged in the spa centre. We advise guests not to carry any personal belongings or valuables with them in the spa centre.

All our programs and residential treatments can include a buffet lunch for an extra € 20 per person. Our kitchen staff will prepare a selection of salads, a soup and a hot dish of the day, prepared with fresh market produce, as well as a dessert buffet that will delight gourmets.

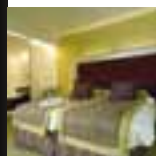
Hotel

Guests may check-in any time after 3pm. Guests who wish to arrive before then can leave their luggage in the cloakroom or luggage store. Guests are requested to vacate their bedrooms by 11am on the day of their departure.



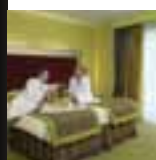
■ Authentic double room

Located in the former stables of the chateau with en-suite shower, telephone, TV, hair-dryer, safe, minibar



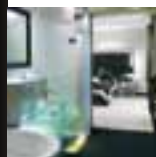
■ Comfort double room

with en-suite shower & bath, telephone, plasma-screen TV, air-conditioning, hair-dryer, safe, minibar, internet connection, separate WC, tea-making facilities.



■ SuiteJunior

with double bedroom, bathroom (bath & shower), separate WC, telephone, plasma-screen TV, air-conditioning, hair-dryer, safe, minibar, internet connection, tea-making facilities, private garden with furnished terrace.



■ Imperial Suite

with double bedroom (king-sized bed), bathroom (shower & bath with chromotherapy & musicotherapy), separate WC, dressing-room, lounge, plasma-screen TV, air-conditioning, hair-dryer, safe, minibar, internet connection, tea-making facilities and view of Zen garden.

Bed & Breakfast		Half-Board	
Prices (per person)			
Double	Single	Double	Single
99 €	145 €	139 €	185 €
109 €	158 €	149 €	198 €
119 €	169 €	159 €	209 €
195 €	390 €	235 €	430 €

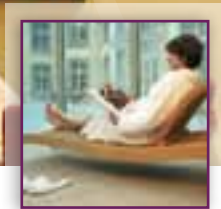
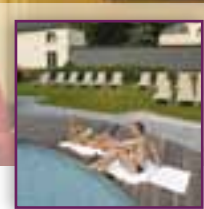
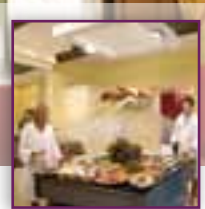
All these prices include VAT and service. Price per person includes access to spa centre (3 saunas, outdoor swimming pool with spring water at 34°C, indoor spring-water swimming pool, Turkish bath, relaxation rooms and Zen garden).

Special Romantic package

On payment of an extra € 120 per room, receive

- special double bed and interior design
- bottle of champagne

- 2 back massages to be taken in the morning on the day after arrival
- late check-out at 1pm.



Our packages

Midweek package

For arrivals on Sunday, Monday or Tuesday only

1st day

- access to spa centre
- back massage
- 3-course set-menu dinner*
- overnight stay in hotel bedroom

2nd day

- breakfast
- access to spa centre
- hydrotherapy
- body scrub
- ocean body wrap
- 3-course set-menu dinner*
- overnight stay in hotel room

3rd day

- breakfast
- access to spa centre
- aqua-relax massage
- "spring glow" facial treatment
- hydrojet
- 3-course set-menu dinner*
- overnight stay in hotel room

4th day

- breakfast
- access to spa centre
- departure

Revitalising

1st day

- access to spa centre
- 3-course set-menu dinner*
- overnight stay in hotel bedroom

2nd day

- breakfast
- access to spa centre
- "spring glow" facial treatment
- "thousand scents" foot beauty treatment
- aqua-relax massage
- 3-course set-menu dinner*
- overnight stay in hotel room

3rd day

- breakfast
- access to spa centre
- hydrotherapy
- relaxing body massage
- departure

Delights package

1st day

- access to spa centre
- 3-course set-menu dinner*
- overnight stay in hotel bedroom

2nd day

- breakfast
- access to spa centre
- chocolate massage
- papaya puree body scrub
- aqua-relax massage
- 5-course set-menu dinner*
- overnight stay in hotel room

3rd day

- breakfast
- access to spa centre
- Balinese flower ritual facial treatment
- Thai foot massage
- departure

Check-in from 3pm onwards.

Guests are kindly requested to vacate their rooms by 11am on the day of departure.

Prices (per person)	Midweek		Revitalising		Delights	
	Double	Single	Double	Single	Double	Single
Authentic room	555 €	636 €	472 €	564 €	495 €	590 €
Comfort room	585 €	675 €	492 €	590 €	515 €	615 €
Junior Suite room	615 €	708 €	512 €	612 €	535 €	635 €

* drinks not included in set-menu meal



Don't forget **our gift vouchers!**



Chateau des Thermes
CHAUDFONTAINE



Resort - Spa - Hotel - Seminar

Prices valid from 21/12/2009 to 20/12/2010



www.chateaudesthermes.be

Opening hours : Monday to Saturday : 9am to 8pm. Sunday : 9am to 6pm - Réservation téléphonique au préalable

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